

## Metacognitive Knowledge

How am I feeling about this task?  
Am I on the right track?  
What can I do if I am stuck?

## Motivation

How confident do I feel? Circle one.



## Metacognitive Regulation

### Planning

What is the task asking me to do?

### Connecting

Have I done something like this before?

### Monitoring

What methods do I know?  
What is the best way to tackle this?

### Evaluating

Was I successful?  
What would I do next time?

## Sentence Stems

The plan is asking me to... I have done... I know how to... I was successful because...